

What is claimed is:

1. A shock absorber comprising:

a frame-shaped frame body that includes an opening portion at a center containing therein a gas; and

a member provided in said frame body so as to cross said opening portion of the frame body, and supporting a package target.

2. The shock absorber according to claim 1, wherein

a first opening edge is located on one side of the frame body, and a second opening edge is located on the other side of said frame body, and

said member is connected to an inner wall of said frame body between said first opening edge and said second opening edge so as to cross the opening portion of said frame body.

3. The shock absorber according to claim 1, wherein

the member is a bag that contains therein the package target.

4. The shock absorber according to claim 1, wherein

one frame-shaped side of the frame body is formed to be freely foldable,

the member is a bag that contains therein the package target,

an opening portion of the bag is closed by the frame-shaped one side of said frame body formed to be freely foldable, and

a state in which the opening portion of said bag is closed by the frame-shaped one side of said frame body is held by holding means, thereby holding a frame shape of said frame body.

5. The shock absorber according to claim 1, wherein the member is a sheet bag including a space that contains therein the package target,

the frame body includes at least a first frame body and a second frame body,

said first frame body is of the frame shape that contains therein the gas, said first frame body including a first U-shaped body of a generally U shape and a first cover body that opens and closes an opening portion of the first U-shaped frame body,

said second frame body is of the frame shape that contains therein the gas, said second frame body including a second U-shaped body of the generally U shape and a second cover body that opens and closes an opening portion of the second U-shaped frame body,

said first frame body and said second frame body are in parallel to each other,

said first U-shaped body and said second U-shaped body are connected to and integrated with each other,

said first cover body and said second cover body are connected to and integrated with each other,

peripheral edges of said bag excluding at least the opening portion of said bag are connected to a boundary between said first U-shaped body and said second U-shaped body, and provided

in said frame body so that said bag crosses said opening portion of said frame body,

the opening portion of said bag is opened and closed by said first cover body and said second cover body integrated with each other, and

the shock absorber further comprises a holding member that holds a state in which the opening portion of said bag is closed by said first cover body and said second cover body.

6. The shock absorber according to claim 1, further comprising a cover put on the package target supported by the member, and engaged with the inner wall of the frame body.

7. A shock absorber comprising:

a frame-shaped frame body including an opening portion at a center containing therein a gas;

a member provided in said frame body so as to cross the opening portion of the frame body;

an opposed member opposed to said member, and provided to cross the opening portion of the frame body; and

a package target provided between said opposed member and said member.

8. The shock absorber according to claim 1, wherein

the member is a shape holding member that holds a shape of the opening portion of the frame body.

9. The shock absorber according to claim 1, wherein  
the member is a shape holding member that holds a shape  
of the opening portion of the frame body, and  
a package target engagement opening portion engaged with  
the package target is provided in said shape holding member.
10. The shock absorber according to claim 1, wherein  
the member is contained in a package box of one of a  
rectangular parallelepiped shape and a cubic shape.